DOI: https://doi.org/10.52015/nijbm.v18i2.178

# **NUML International Journal of Business & Management**

Volume 18, Issue 2, December (2023)

Journal Home Page: <u>nijbm.numl.edu.pk/index.php/BM</u> ISSN 2410-5392 (Print), ISSN 2521-473X (Online)

# An investigation on brand hate: understanding negative psychology of consumers in the service sector of Pakistan

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## Abstract

### **Article History:**

Received: September 18,2023
Revised: December 07,2023
Accepted: December 27,2023
Available Online: December 29,2023

### **Keywords:**

Poor Food Quality, Safety & Hygiene, Dissatisfaction, Brand Hate, Brand Avoidance, Complaining.

### **Funding:**

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

The purpose of this research is to examine the relationship among the brand hate reasons, antecedents, consequences. This study follows the four-step model of reasons, antecedents, and consequences of brand hate. Reasons included are product related such as poor food quality, Safety & hygiene. These reasons lead to antecedents of brand hate such as dissatisfaction, which leads to brand hate and its consequences, which are brand avoidance and complaining behavior. The study model is based on the Triangular theory of hate. This study collected data from primary sources of data through the use of a structured questionnaire. This research study follows a causal research design. The target population of the study was all food consumers of Pakistani, who had experienced any food brand in the last 06 months and had extremely negative feelings about that brand. Data screening was through Excel and was analyzed through SPSS and WarpPLS. Results showed a positively significant relationship between the reasons, antecedents, and consequences of brand hate. The findings indicated that the root cause of brand hate is customer dissatisfaction due to poor food quality and concerns about the safety & hygiene of food, which leads to brand avoidance and complaining behavior of food consumers. The outcomes of this research hold significance for the band managers, who can be helped through superior information and comprehension of such a brand hate study.

### Introduction

Reasons for brand hate related to products such as poor food quality and safety & hygiene of food are external to consumers which causes the cognitive antecedents such as brand dissatisfaction are consumer's evaluation cognitive evaluations of the brand hate antecedents. (Platania et al., 2020) These reasons are a strong predictor of negative feelings, which motivates consumers towards brand hate, thus consequently hampering

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brand equity or lovers of the brand image (Zhang & Laroche, 2020). On the brand managerial level, there must be careful management of such reasons for hate in a hotel or restaurant to avoid the negative effect on brand equity. Thus, brand managers must strategically fulfill the expectations of customer-related service to minimize brand hate which eventually increases brand equity.

While brand love is generally investigated points in academic local areas, notwithstanding, brand hate as far as components, antecedents, and results model is inadequately analyzed could in any case be considered as a new subject to examine. As of late the subject of brand hate with an exhaustive four-stage model was introduced by <a href="Mailto:Zhang and Laroche">Zhang and Laroche</a> (2020) and has accomplished more logical consideration of brand hate theme. However, correspondingly compelling is the sign that certain people sidestep, express brand avoidance, and complain about a few services because of poor food quality and safety & hygiene of the food of the brand. Past investigations such as <a href="Platania et al.(2020)">Platania et al.(2020)</a> in the context of Italy, <a href="Bryson and Atwal (2018)">Bryson and Atwal (2018)</a> in the context of France, analyzing brand hate with its reasons, antecedents, and consequence model in the event of the restaurant were not contemplated (<a href="Joe et al., 2020">Joe et al., 2020</a>), specifically in the restaurant sector in Pakistan. There is a need to study such a four-step model of brand hate in the service sector of food specifically restaurants (<a href="Nyamekye et al., 2023">Nyamekye et al., 2023</a>).

The existence of a literature gap highlights the necessity for concentrated scrutiny and exploration of brand hate within the distinctive dynamics of the restaurant and fast-food industry in Pakistan. Brand hate is an emerging research area and has not yet been analyzed appropriately (Akrout & Mrad, 2023; Aziz & Rahman, 2022; Sharma et al., 2021), centering just the restaurant service industry of Pakistan. Be that as it may, the literature is still scant concerning the negative customer brand connections and focuses on research concerning positive instead of negative attributes (Fetscherin, 2019; Pantano, 2021; Romani et al., 2012; Veloutsou & Guzman, 2017).

As per the findings of <u>Islam et al. (2018)</u> research, fundamental drivers of brand hate are poor food quality, and safety & hygiene of food. This exploration aim is to reveal different parts of brand hate, along with, poor food quality, and safety & hygiene of food of the brand. The customer stays away from the product and services if they aren't harmonious with the customer's personality. <u>O'Cass and Muller (2015)</u> clarified, that consumers continuously ensure their picture by dodging explicit brands. A customer's strict way of life may maybe the main determinant that impacts the purchasing conduct (<u>Islam et al., 2018</u>). In service providers or restaurants, the executives will consider techniques dependent on these outcomes to deal with their service conveyance by limiting such negative occasions and fortifying customer-brand relationships appropriately.

### Literature review

# Poor food quality

The historical backdrop elucidated food safety throughout the early and midtwentieth century in Singapore underscores the influential role of the press, namely English-language newspapers, in molding public attitudes and apprehensions surrounding the standard of food (Tarulevicz, 2016). Consumers exhibit a willingness to allocate their financial resources towards the act of dining out, contingent upon the provision of superior food quality (Ho et al., 2021; Liu et al., 2022; Putra et al., 2020) and an agreeable ambiance within the dining establishment (Ali et al., 2019; Ismail et al., 2022; Jeong et al., 2022; Yashwanth, 2017). The substandard quality of food can exert a substantial influence on a

patron's inclination to refrain from patronizing a restaurant and choose alternative dining options instead (Jeong et al., 2022; Puleka et al., 2018). The food service industry is faced with ongoing challenges regarding the quality and safety of food (Kumar et al., 2022). To establish and sustain their reputation and consumer loyalty (Trivedi & Sama, 2021), businesses must consistently make efforts to adhere to these standards. Thus, Djekic et al. (2022) clarified the poor food quality and safety & hygiene of food (Kumari & Kapur, 2018), the closeness among the convictions of the service's useful credits (execution related), and the customer referent ascribes. Along these lines, poor food quality and safety & hygiene food address the ideal a customer looks for in a product (Islam et al., 2018). H1: Poor food quality has a positive direct effect on brand dissatisfaction.

## Safety & Hygiene Grievance

Customers are now placing greater emphasis on receiving value for their money (Grobbelaar et al., 2021). The thorough adherence of all restaurant workers to food safety and hygiene rules is of utmost importance. It is recommended that regulatory authorities augment their supervision of adherence to food safety and hygiene rules within restaurant establishments (Ha Nam Khanh, 2020). This encompasses the implementation of punitive measures for infringements of these regulations. It is imperative to conduct consistent dissemination and subject the negative practices seen in the food sector, such as the utilization of inferior ingredients or insufficient adherence to food processing hygiene standards, to public scrutiny. The aforementioned endeavors aim to provide information to food enterprises and promote their adherence to regulatory requirements (Ha Nam Khanh, 2020). Poor food quality and safety & hygiene of food hotels are emphatically connected with seen quality, consumer attachment (Rabbanee et al., 2020), and brand devotion (Claiborne & Sirgy, 2015). As to poor food quality and safety & hygiene of food, customers need services not for the actual product themselves but rather for the advantages they get by utilizing the service. Varvoglis and Sirgy (2015) clarified that product with food quality and safety & hygiene of food is identified with utilitarian advantages. Therefore, the following hypothesis is tested:

H2: Safety & Hygiene grievance has a positive direct effect on brand dissatisfaction.

### **Brand Dissatisfaction**

Brand betrayal is an outrageous type of brand dissatisfaction, truth be told the two states can bring down brand trust, debilitate brand connections, and summon customer vengeance making this inquiry relevant (Park & MacInnis, 2018). Thus, these feelings are more averse to encountering a decreased self-idea or to being troubled after the brand relationship closes. In addition, since relationship standards have not been disregarded, dissatisfaction ought to be more averse to compromising the brand relationship itself, consequently blocking sensations of misfortune (Hossny, 2022; Reimann et al., 2018). Dissatisfaction has appeared to summon customer outrage at the brand (Ali et al., 2020; Kim et al., 2019). Dissatisfaction is portrayed by undersatisfaction of assumptions for a utilization objective (Oliver, 2014), one would anticipate that the more noteworthy the undersatisfaction of the utilization objective (Madadi et al., 2021) (e.g., the more disappointed customers feel, the more customers will detest the brand. Brand hate frequently arises from discontentment with products or services that have not fulfilled anticipated standards or a perception of insufficient corporate accountability in upholding morally acceptable principles and endeavors. This study hypothesizes the following:

H3: Brand dissatisfaction has a direct positive effect on brand hate.

H3a: Brand dissatisfaction mediates the relationship between Poor food quality and brand hate.

H3b: Brand dissatisfaction mediates the relationship between Safety & Hygiene grievance and brand hate.

### **Brand Hate**

Brand attitude cognitions refer to customers' general attitudes and emotions towards a brand (Akrout & Mrad, 2023). These cognitive processes exemplify the more encompassing attitudes that consumers possess towards the brand, encompassing emotions like as wrath, grief, fear, or surprise (Abbasi et al., 2023). Zhang and Laroche (2020) offer a more extensive comprehension of the cognitive mechanisms that underlie brand hate by the identification and categorization of these cognitions. These cognitive processes contribute to the understanding of why customers form intense negative emotions and attitudes toward particular brands (Jabeen et al., 2022). This study enhances our understanding of the underlying psychological processes that fuel negative attitudes toward brands, hence providing significant implications for brand management and marketing strategies. This study hypothesizes the following:

*H4: Brand hate has a positive direct effect on brand avoidance.* 

H4a: Brand hate mediates the relationship between brand dissatisfaction and brand avoidance.

*H5: Brand hate has a positive relationship with consumer complaint behavior.* 

H5a: Brand hate mediates the relationship between brand dissatisfaction and complaining behavior.

### **Brand Avoidance**

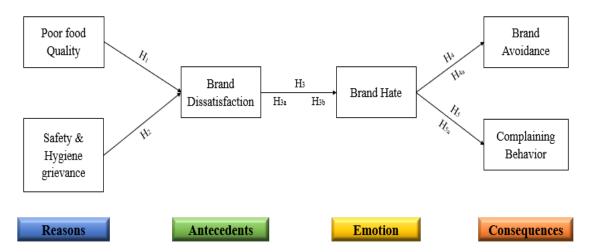
The phenomenon of brand hate is frequently observed in the form of consumer antibranding behaviors, characterized by actions such as disassociating oneself from the brand or engaging in direct criticism and hostility against it brand avoidance (Khan et al., 2019; Wai Lee et al., 2021; YIGIT & İRFANOĞLU, 2020). The nature of the product isn't sufficient, the outcomes will be disappointment (Tan et al., 2021), brand hate (Akrout & Mrad, 2023), and brand avoidance (Kumar & Nayak, 2014; YIGIT & İRFANOĞLU, 2020). The advent of internet platforms has enabled individuals to engage in anonymous interactions, leading to a surge in complaints and negative encounters with companies (Awasthi et al., 2012; Khan et al., 2019).

### **Complaining Behavior**

Prior scholarly investigations have predominantly concentrated on instances wherein a corporation is held accountable for product or service failures in the context of studying complaining behavior (Abbasi et al., 2023; Carlson et al., 2022). In instances of product failure, research has indicated that customers generally experience a more positive emotional response following the act of filing a complaint (Djekic et al., 2022; Dunn & Dahl, 2012). Interestingly, the creators show that when customers are at fault for service failure, complaining detrimentally affects customer responses to the product (Madadi et al., 2021). To be sure, the approach of web-based media stages, for example, the psychological research of customer complaints has changed by Facebook and Twitter (Winch, 2011). When an objection is posted on Facebook or Twitter, there could be no

bother, humiliation, or risk of social showdown at this point (<u>Zhan et al., 2020</u>). The idea of complaining from a confused, generally private opportunity to a simple and public one has changed this progress (<u>Istanbulluoglu et al., 2017</u>; <u>Ward & Ostrom, 2006</u>).

# **Conceptual Model of the Study**



**Note:** H1 to H5 shows the direct relationship and are mentioned above the arrow, H3(a,b), H4a & and H5a show the mediating relationship and are mentioned below the arrows.

## Theory related to brand hate

This study conceptualizes and tests the concept in the context of branding, based on Sternberg's (2003) triangular hate theory. Theorizing in this study uses the Triangular Theory of Hate as the overarching theory.

### Methodology

The research paradigm for this research study is a positivist framework driven by the assumption that all real or reasonable knowledge of the universe is empirical knowledge, and that all things are ultimately measurable (Guba & Lincoln, 1994). This research study used deductive reasoning as it starts with existing theory testing and moves on to develop research questions and hypotheses which are tested through collected data so that the proposed hypothesis can be confirmed or rejected and check if it holds in particular contexts (Paavola et al., 2006), as for this study which is service sector (restaurants or food service industry).

Out of these three (Mono, mixed, and multi) methods to choose from, this study used Mono-method for collecting quantitative data. This study used the survey strategy, and this strategy is generally allied with the deductive approach (Saunders et al., 2009). Surveys as a research strategy were applied in this study as they deal with quantitative research studies. A survey strategy is appropriate for this study as "it involves sampling a frame of representative proportion of the total population" (Bell et al., 2018).

This study was conducted in the service sector (restaurants or food service industry) and more specifically data collected from food consumers at restaurants as suggested by multiple studies (<u>Ahmed & Hashim, 2018; Bryson & Atwal, 2018; Curina et al., 2020; Hashim & Kasana, 2019; Islam et al., 2018; Itani, 2020</u>). The unit of analysis is individual food consumers having strong feelings of brand hate of any restaurant/fast-food brand.

The study's target demographic encompasses all individuals in Pakistan who engage in food consumption and have previously patronized a restaurant or fast-food brand, while also having encountered profoundly adverse sentiments towards said brand. In this study, we opted for convenient sampling and snowball sampling as the disliked brands are discussed between the brand haters. The lack of a sample frame is a specific concern about the population of food consumers residing in the twin cities (Rawalpindi & Islamabad) of Pakistan.

The ratio of five respondents per scale item is acceptable but for the desirable results, the number of respondents should be ten to fifteen times more than the items in the questionnaire (Hair et al., 2010). As the scale contains twenty-four items, the sample size is 780 food consumers who have negative experiences with food brands (restaurants) and have brand hate from any food brand. This study is cross-sectional using a survey strategy, the data from each respondent was collected only once in a single time frame or for one time.

#### **Data collection Procedure**

The researchers employed a closed-ended questionnaire in their investigation. The selection of English as the language for the structured questionnaire was based on its status as the official language utilized in Pakistan. Data is collected using on-the-spot self-administered questionnaires and through online Google Form questionnaires. All the constructs in this study model are measured by utilizing "seven-point Likert scales (1 = strongly disagree, 7 = strongly agree)".

### **Measures or Instrumentation**

Table. 01 Summary of Measure

Sr#	Variable	Author	No. Items	of
1	Poor food quality	Ryu et al. (2012)	05	
2	Safety & Hygiene grievance	Kaur et al. (2020)	04	
3	Brand dissatisfaction	Smith and Bolton (2002)	03	
4	Brand hate	Zarantonello et al. (2016)	04	
5	Brand avoidance	Johnson et al. (2011)	05	
6	Complaining behavior	Grégoire and Fisher (2006)	03	
Tota	l items		24	

### **Data Analysis Techniques and Statistical Approaches**

The model employed in the study incorporates multiple direct and indirect interactions, which requires the assessment of the relevance of each pathway. To accomplish this objective, the researchers utilized route analysis, a statistical method commonly employed for evaluating interdependencies among components.

### **Inferential Analysis**

For initial analysis, this study used Excel and SPSSv25 for data scanning by a six-step process starting with analyzing Missing data, Outliers, Normality, Linearity, Homoscedasticity, and Multicollinearity. After data screening Descriptive analysis and Inferential analysis were done through the SPSSv25 and used to assess the internal reliability consistency of multi-item scales applied in this study the selected measurement scale was evaluated through Cronbach's alpha test and the rest of the analysis was done through Warp PLS v08.

# **Data Analysis and Findings**

# **Descriptive Analysis of Latent Variable**

The preceding section presented a comprehensive summary of the individuals who participated in the survey. Seventy-five percent of the sample were between 26-37 age, seventy-eight percent of respondents had bachelor and master's degrees, and forty-nine percent were employed or professionals. The results of construct-wise descriptive statistics are shown in Table 02.

Table: 02:Descriptive Statistics for Latent Variables

Construct	N	Mean	Std.	Skewness	Kurtosis
	Statistic	Statistic	<b>Deviation</b>	Statistic	Statistic
PFQ	780	5.8177	0.91084	-1.6	3.015
SHG	780	5.8532	0.86506	-1.786	4.071
DIS	780	5.9692	0.93073	-1.879	4.062
BRH	780	6.0298	0.90489	-2.016	4.574
BRA	780	6.0456	0.91546	-1.869	3.856
COM	780	6.044	0.97299	-2.18	5.672

**Note:** PFQ =Poor food quality, SHG =Safety & hygiene grievance, DIS =Consumer dissatisfaction, BRH =Brand hate, BRA = Brand avoidance, COM =Complaining.

# **Measurement Model**

# **Outer Loadings**

To accomplish this, factor loadings are calculated, as suggested by (<u>Harman, 1976</u>). In general, factor loadings are deemed statistically significant when they exceed a threshold of 0.5. All of the items displayed outer loadings more than or equal to 0.50, indicating that none of the items exhibited weak outer loadings. Consequently, all items were maintained for subsequent analysis.

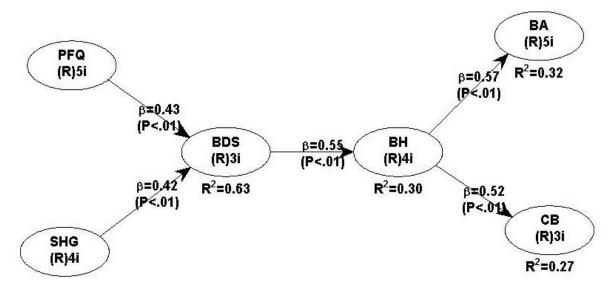


Figure: 4.1 Model

# Internal Consistency (Reliability)

These criteria are employed to evaluate the dependability of the theoretical framework.

# Cronbach Alpha:

The results of Cronbach's alpha for each latent variable are presented in Table 03.

Table: 03 Cronbach Alpha

	Tuete, de Crestatien Inpital	
Construct	Cronbach Alpha	_
PFQ	0.855	
SHG	0.767	
DIS	0.816	
BRH	0.841	
BRA	0.884	
COM	0.857	

## Composite Reliability (CR):

The results of composite reliability (CR) for each latent variable are presented in Table 4

*Table: 04Composite Reliability* 

Construct	Composite Reliability	
PFQ	0.897	_
SHG	0.852	
DIS	0.891	
BRH	0.893	
BRA	0.916	
COM	0.913	

# **Convergent Validity**

Table number 05 displays the outcomes of the convergent validity of each latent variable.

Table:05 Convergent Validity

Construct	Average Variance Extracted (AVE)
PFQ	0.635
SHG	0.591
DIS	0.731
BRH	0.676
BRA	0.685
COMk2	0.777

### Discriminant Validity

This finding provides evidence for the discriminant validity of the latent variables. The findings of this investigation are displayed in Table 06.

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Table	Πħ	Discriminant	Va	ロカけ
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				2		
	SHG	PFQ	DIS	BRH	BRA	COM
SHG	0.84					
PFQ	0.62	0.80				
DIS	0.64	0.73	0.83			
BRH	0.53	0.55	0.63	0.82		
BRA	0.58	0.58	0.65	0.64	0.86	
COM	0.61	0.60	0.69	0.67	0.82	0.86

## Heterotrait-Monotrait Ratio of Correlations (HTMT)

The customary threshold level for a comparable construct is commonly established at 0.90 or higher. This signifies that indicators belonging to the same construct should exhibit stronger correlations with one another compared to indicators from other constructs. In contrast, in the case of dissimilar constructs, the threshold is established at 0.85 or lower (Henseler, 2017).

Table: 07 HTMT Validity

	BRH	BRA	COM	SHG	PFQ	DIS	
BRH	0.879						
BRA	0.806	0.846					
COM	0.836	0.899	0.815				
SHG	0.687	0.691	0.666	0.372			
PFQ	0.778	0.769	0.754	0.404	0.920		
DIS	0.708	0.702	0.682	0.321	0.820	0.974	

The HTMT values, which are below 0.99, confirm that the constructs are separate from one another. This is evident as the indicators of various constructions display weaker correlations compared to the indicators within the same construct. The observed positive outcome serves to validate the model and confirm that the latent variables accurately capture distinct characteristics or concepts as originally planned.

# Structural Model Assessment of Multi-Collinearity

Table: 08 Collinearity Analysis

	Table: 00 Collinearly Thai ysis	
Construct	Variance Inflation Factor (VIF)	
PFQ	2.391	
SHG	2.537	
DIS	3.231	
BRH	1.510	
BRA	2.569	
COM	2.560	

# Path Coefficient of Structural Model

As indicated in the table a notable path coefficient ( $\beta$ ) of all direct hypotheses (H1, H2, H3, H4, H5) is in an acceptable range and the p-values of all hypotheses are below the conventional threshold of 0.05.

Table 09:Significance of Direct Paths

Hyp.	PATH	BETA	T-VALUE	P-VALUE	Decision
H1	$PFQ \rightarrow DIS$	0.432	3.63	< 0.001	Supported
H2	$SHG \rightarrow DIS$	0.420	3.30	< 0.001	Supported
<i>H3</i>	$DIS \rightarrow BRH$	0.546	8.58	< 0.001	Supported
<i>H4</i>	$BRH \rightarrow BRA$	0.568	16.89	< 0.001	Supported
<i>H</i> 5	$BRH \rightarrow COM$	0.517	15.20	< 0.001	Supported

# Assessment of $\mathbb{R}^2$ (Coefficient of Determination)

Table: 10Assessment of  $R^2$  values

Construct	R <sup>2</sup> Value	Variance Explained
DIS	0.635	0.65
BRH	0.298	0.51
BRA	0.323	0.73
COM	0.268	0.55

# Assessment of $f^2$

Table: 11 f2 Effect Size

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Construct	f <sup>2</sup> (DIS)	f <sup>2</sup> (BRH)	f <sup>2</sup> (BRA)	f <sup>2</sup> (COM)
PFQ	0.157	-	-	-
SHG	0.163	-	-	-
DIS	-	0.465	-	-
BRH	-	-	3.51	2.73

The findings of this study offer significant insights into the comparative influence of each latent variable on the endogenous constructs inside the model. It is evident that certain variables exhibit significant or moderate impacts, hence signifying their major role in elucidating the variability in the endogenous constructs. Conversely, other variables demonstrate comparatively lesser effects. This knowledge possesses utility in comprehending the importance of many aspects in shaping customer behaviors and responses toward brand encounters.

# Assessment of $Q^2$

The second quarter scores for brand dissatisfaction (DIS), brand hate (BRH), brand avoidance (BHA), and complaining (COM) are 0.41, 0.43, 0.52, and 0.44 respectively.

Table 12 Q2 Cross-Validated Redundancy

Endogenous	SSO	SSE	$Q^2 = 1 - (SSE/SSO)$
Construct			
DIS	2,874.000	1,685.200	0.632
BRH	9,580.000	5,453.196	0.300
BRA	2,874.000	1,371.724	0.322
COM	4,790.000	2,683.510	0.271

### **Mediation Analysis (Indirect Effect)**

The beta coefficient of hypotheses H3a, H3b, H4a, and H5a suggests a positive mediating effect, and with a p-value of less than 0.05, it's statistically significant. Additionally, the confidence intervals of hypotheses H3a, H3b, H4a, and H5a do not overlap zero, further supporting the significance of all mediating effects. In summary, the findings suggest that all mediators play a mediating role in the relationships, and all mediation effects is statistically significant.

Table 13 Significance of Indirect Paths

Table 13 Significance of Indirect Lains								
Hyp.	PATH	<b>BETA</b>	05%	95%	Decision	WHY		
НЗа	PFQ→DIS→BRH	0.091	0.067	0.156	Supported	p<0.05 & 0 ∉ CI		
H3b	SHG→DIS→BRH	0.055	0.079	0.151	Supported	p<0.05 & 0 ∉ CI		
H4a	DIS→BRH→BRA	0.082	0.058	0.154	Supported	p<0.05 & 0 ∉ CI		
H5a	DIS→BRH→COM	0.093	0.034	0.132	Supported	p<0.05 & 0 ∉ CI		

# **Conclusions and Discussion**

Grounded in the Triangular Theory (<u>Sternberg</u>, 1986), this research sought to elucidate the intricate process through which consumers in Pakistan's food service industry (specifically, restaurants (<u>Hossny</u>, 2022; <u>Trivedi & Sama</u>, 2021) develop brand hate. To explore this process and its ultimate consequences, the research model integrated a range of stimuli or reasons, including poor food quality (<u>Liu et al.</u>, 2022), and safety & hygiene grievances (<u>Fleetwood</u>, 2019; <u>Worsfold & Griffith</u>, 2003). These factors serve as triggers (<u>Kim et al.</u>, 2016), setting off a sequence of events. The cognitive appraisal of these adverse events results in consumer dissatisfaction (<u>Shahin Sharifi & Rahim Esfidani</u>, 2014). Subsequently, such a negative emotion culminates in the emergence of brand hate (<u>Kucuk</u>, 2021). This potent negative emotion, in turn, drives consumers to engage in detrimental brand-related behaviors, such as brand avoidance (<u>Wai Lee et al.</u>, 2021), and lodging complaints (<u>Djekic et al.</u>, 2022). This study contributes to a deeper understanding

of how and why consumers develop brand hate and the subsequent actions they take as a result of these intense negative emotions.

### Implications of the study

This study provides restaurant managers with practical information that might assist them in enhancing their brand's reputation and competitive posture. Furthermore, this emphasizes the necessity for ongoing examination of the dynamics of food quality, safety & hygiene fairness in the Pakistani market, allowing for future research to reveal potentially intricate impacts.

### Limitations

The present work has provided significant contributions to both practical and theoretical domains. However, it is imperative to accept the limits of this study, as they can serve as a foundation for future research endeavors in this particular field. One of the primary limitations of this study is its restricted geographical scope. The data obtained for this study were limited to the twin cities of Pakistan, thereby limiting the extent to which the conclusions can be generalized. Future research has the potential to augment the external validity of the study by examining the proposed model across a range of diverse people in different geographical situations.

### **Recommendations**

Cross-cultural studies refer to the examination and comparison of other cultures and societies to get a deeper understanding of their similarities, differences, and interactions. Incorporating a broader range of cultural contexts into the research could yield significant insights into the extent to which the identified relationships are universally applicable or culturally contingent.

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